

# Human Services COUNTY OF SIERRA



Carol Roberts, PhD  
Director

## Health Department

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## HEALTH DEPARTMENT ACTIVITIES FOR MONTH OF DECEMBER 2009

### IMMUNIZATION CLINICS PLEASE CALL FOR APPOINTMENT 993-6700

(Fee: \$2.00 per person or \$5.00 per family.)

-Loyalton	December	7	Monday	9am – 12noon at the Health Dept.
-Loyalton	December	16	Wednesday	2pm – 5pm at the Health Department
-Loyalton	December	21	Monday	10am -1pm at the Health Dept.
-Loyalton	December	30	Wednesday	2pm – 5pm at the Health Dept.
-Downieville	December	22	Tuesday	10am, at 22 Maiden Lane (By appt. only)

### CHILD BLOOD LEAD LEVEL TESTING AVAIBLE CALL FOR APPOINTMENT

**WIC (WOMEN, INFANTS, & CHILDREN):** (No fee) A nutrition program for women who are pregnant, nursing, have recently delivered a baby, and/or children under five years of age.

- Loyalton December 2<sup>nd</sup> & 16th Wednesday, at the Health Department
- Downieville, please call for an appt 993-6703.

**BREASTFEEDING EDUCATION & SUPPORT GROUP** Will resume in January

*WIC IS AN EQUAL OPPORTUNITY PROGRAM*

### BLOOD PRESSURE CLINICS: (No fee)

- Loyalton December 3 Thursday 11:30am Loyalton Senior Center

### FAMILY PLANNING CLINICS: (No fee) By appointment only. 993-6704

December	7	Monday	12am – 4pm
December	15	Tuesday	10am – 4pm
December	22	Tuesday	9am – 1pm

**PERINATAL SERVICES:** (No fee) Information on having a healthy baby, pregnancy testing and services for pregnant women, including childcare, transportation, prenatal care and childbirth education.

- Loyalton Call 993-6704 for an appointment.
- Downieville Call 993-6704 for an appointment.

### STD/HIV/AIDS INFORMATION AND TESTING SERVICES: (No fee)

Confidential testing services including oral testing. Rapid HIV Testing (Results on the same day.)

- Loyalton, Call for an appointment 993-6704.
- Downieville, Call for an appointment 993-6704.

INFORMATION ON THESE OR OTHER SERVICES, PLEASE PHONE SIERRA COUNTY HEALTH DEPARTMENT AT (530) 993-6700. ALL SERVICES ARE CONFIDENTIAL.